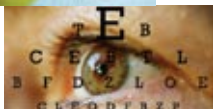


Medicare helps cover **Diabetes** supplies and services to help keep you healthy.



- Screenings for people at risk
- Diabetes Self-management Training
- Medical Nutrition Therapy Services
- Hemoglobin A1c tests
- Glucose monitors, test strips, lancets, insulin, some insulin pumps (Part B)
- Antidiabetic drugs (Part D)
- Supplies for insulin (Part D) (like syringes)
- Glaucoma tests
- Foot exams and treatment, therapeutic shoes

For a free copy of “Medicare Coverage of Diabetes Supplies and Services,” visit www.medicare.gov/publications/pubs/pdf/11022.pdf.

The National Diabetes Education Program has more information to help you manage your diabetes. Visit www.ndep.nih.gov.



Medicare helps cover diabetes supplies and services to help keep you healthy.



Things to ask your doctor or other health care professional **at your next visit:**

- ☐ How to sign up for Diabetes Self-management Training
- ☐ What kind of nutrition plan you need (Medical Nutrition Therapy Services)
- ☐ How to find a program to quit smoking
- ☐ If you need a pneumococcal shot



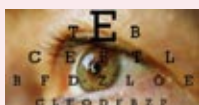
Things to do **at each visit:**

- ☐ Go over your blood glucose readings.
- ☐ Find out your A1c level.
- ☐ Get your feet checked.
- ☐ Get your weight and blood pressure checked.



Things to get **at least once a year:**

- ☐ A flu shot
- ☐ A dilated eye exam
- ☐ A foot exam (including check of circulation and nerves)
- ☐ A test to check your kidneys
- ☐ Cholesterol and lipid tests



Remember, talk to your doctor or other health care professional anytime you have questions or concerns about your diabetes.



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